



Name	Svitlana Zharikova
Position, Department/Faculty	Associate Professor of the Department of Psychology, National Aerospace University "Kharkiv Aviation Institute"
Academic Degree, Academic Title	Candidate of Psychological Sciences (Ph.D.), Associate Professor
Email:	s.zharikova@khai.edu
Web of Science ResearcherID:	https://www.webofscience.com/wos/author/record/NYS-8864-2025
ORCID iD:	https://orcid.org/0000-0002-6814-6415
Google Scholar:	https://scholar.google.com/citations?user=c_4c7qEAAAAJ&hl=uk&oi=sra

EDUCATION:

Basic education (university, major, year of graduation):

V. N. Karazin Kharkiv National University, specialty "Practical psychologist in the education system" [1995]

V. N. Karazin Kharkiv National University, specialty "Biologist, teacher of biology and chemistry" [01/09/1987 – 30/06/1992]

Postgraduate/Doctoral studies:

Associate professor

Ministry of Education and Science, Youth and Sports of Ukraine [22/11/2023]

PhD in Psychology

Ministry of Education and Science, Youth and Sports of Ukraine [28/03/2013]

Additional training, certification programs:

World Association for the Support of Scientists (Delaware, USA, Registration Number 3916935) [2021]

Society for the Support of Publishing Initiatives and Scientific Mobility Limited School of Social and Behavioral Sciences International Internship Program in Psychology "Methodology for Interdisciplinary Research in the Social Sciences" №: SBS/21/63UA [20.01.2021 - 07.11.2021]

WORK EXPERIENCE:

Professional Career (Workplace, Years, Position):

Associate Professor of the Department of Psychology, National Aerospace University "Kharkiv Aviation Institute" [4/09/2015 – Current]

Practical psychologist, head of the psychological service in the continuing education system (Kharkiv Humanitarian University "People's Ukrainian Academy") [1/08/2004 – 3/08/2015]





Biology teacher, Kharkiv boarding school No. 8 [1/10/1992 – 31/08/2004]

Teaching Experience:

30 years

RESEARCH ACTIVITIES:

Main Research Areas:

health psychology, age psychology, psychological counseling

Number of Publications (Scopus, WoS, others):

Over 80 scientific publications, including indexed articles in Web of Science databases. Multiple conference proceedings and applied research outputs.

Monographs, Textbooks:

Co-author of 2 monographs in the fields of Psychology

Participation in Scientific Conferences:

Regular participant (more 40) and speaker at international and national scientific conferences on Psychology

TEACHING ACTIVITIES:

Courses Taught:

Organizational psychology, Ethnic psychology, General psychology

Author Courses, Academic Programs:

Author of the course Organizational psychology

Methodological Materials, Textbooks:

Zharikova, S. B., Gulyi, Yu. I., Nauchitely, O. D., Kharchenko, A. O. (2021). Organizational psychology: textbook Kharkiv: "KHAI". 77 p.

PROFESSIONAL ACHIEVEMENTS AND AWARDS:

Membership in Professional Associations: Member of the All-Ukrainian Union of Psychologists

INTERNATIONAL ACTIVITIES:

Internships: Society for the Support of Publishing Initiatives and Scientific Mobility Limited School of Social and Behavioral Sciences International Internship Program in Psychology "Methodology for Interdisciplinary Research in the Social Sciences" №: SBS/21/63UA [20.01.2021 - 07.11.2021]

SELECTED PUBLICATIONS:

Key Articles (Scopus, WoS, others):



Pysarevskiy, I., Okhrimenko, I., Bogdan, N., Zharikova, S., Vlashchenko, N., Krasnokutskaya, I., Ugodnikova, O., & Bloshchynskiy, I. (2022). Digital Generation Y and Z in the Field of Tourism: Psychological Dimensions of Morality. *Postmodern Openings*, 13(4), 448-471. <https://doi.org/10.18662/po/13.4/527>

Zharikova, S.B. (2025). Peculiarities of frustration discomfort of higher education students in the context of risk propensity. *Scientific innovations and advanced technologies*, 5(45), 2025 - 2037. URL: <http://perspectives.pp.ua/index.php/nauka/article/view/23671/23641>

Zharikova, S.B. (2025). Peculiarities of emotional intelligence of higher education students in the context of psychological boundaries of the personality. *Prospects and innovations of science*, 4(50), 1328-1340. URL: <http://perspectives.pp.ua/index.php/pis/article/view/22785/22755>

Zharikova, S.B. (2024). Peculiarities of frustration discomfort of higher education students in the context of risk propensity. *Scientific innovations and advanced technologies*, 5(33), 1380 - 1392. DOI: [https://doi.org/10.52058/2786-5274-2024-5\(33\)-1380-1392](https://doi.org/10.52058/2786-5274-2024-5(33)-1380-1392)

Zharikova, S.B. (2024). Peculiarities of the relationship between the components of the potential for self-change and forms of basic trust in students. *Habitus*, 59, 146-150. URL: <http://habitus.od.ua/journals/2024/59-2024/26.pdf>

Zharikova, S. B. (2023). Reflective skills of the personal level: features of manifestation in tourism business managers at different stages of professional development. *Scientific notes of the V. I. Vernadsky Tavrichesky National University. Series: Psychology*, 34(73), 49-53. DOI <https://doi.org/10.32782/2709-3093/2023.1/09>

Zharikova, S., Vlashchenko, N., Ugodnikova, O. (2022). Peculiarities of orientations in difficult situations of tourism business managers at different stages of professional development. *Pamięty. Polonistyczno-Ukrainoznawcze Studia Naukowe*, 4(7), 149 — 157. DOI: 10.15804/PPUSN.2022.04.14

Zharikova, S. B. (2021). Peculiarities of the relationship between personal maturity and coping strategies in women of different ages. *Habitus*, 2 (24), 41 - 45. DOI <https://doi.org/10.32843/26635208.2021.24.2.7>

Zharikova, S. B. (2020). Psychological well-being and proactive coping in first-year students. *Theory and practice of modern psychology*, 1 (6), 56-62.

Zharikova, S. (2019). Psychological health in the context of economic behavior: theoretical review of the problem *Bulletin of V. N. Karazin Kharkiv National University. Psychology Series*, (67), 57-63. <https://doi.org/10.26565/2225-7756-2019-67-08>

Books, Chapters in Collective Monographs:

Zharikova, S. B. Psychological health as a factor of economic behavior of a modern personality (2019). Modern management tools for making effective economic decisions: collective monograph / Ed. A.V. Doronin. Kharkiv: National Aerospace University "Kharkiv Aviation Institute". pp. 110-122.

Links to Citation Database Profiles:



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https://scholar.google.com/citations?user=c_4c7qEAAAAJ&hl=uk&oi=sra

<https://orcid.org/0000-0002-6814-6415>

<https://www.webofscience.com/wos/author/record/NYS-8864-2025>

ADDITIONAL INFORMATION:

Language Proficiency:

Ukrainian

IT Skills:

Microsoft Office / Microsoft Excel / Social Media / Zoom / Google Drive / Microsoft Powerpoint / Organizational and planning skills

Social and Community Activities:

Charity during the full-scale invasion of Russia.

