



Name	Ihor Yavarnytskyi
Position, Department/Faculty	Senior Lecturer, Department of Physical Education, Sports and Rehabilitation / Faculty of International Integration and Academic Mobility
Academic Degree, Academic Title	-
Email:	-
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Research Gate:	-

EDUCATION

Higher Education — Kharkiv State Academy of Physical Culture.

EDUCATION

National Aerospace University "Kharkiv Aviation Institute" — Specialist Degree, 2006

H. S. Skovoroda Kharkiv National Pedagogical University — Master's Degree, 2018

WORK EXPERIENCE

2006–2016 — Senior Researcher, Research and Technical Institute (KhAI)

2008–2018 — Assistant Lecturer, Department No. 705, National Aerospace University "KhAI"

2019–present — Senior Lecturer, Department of Physical Education, Sports and Rehabilitation, KhAI

RESEARCH INTERESTS

Automation systems, physical education, sport climbing, mountaineering

TEACHING ACTIVITIES

Courses taught: Physical Education (specialization — Sport Climbing, Mountaineering)

PROFESSIONAL AND PUBLIC ACTIVITIES

Member of the Climbing and Mountaineering Federation of Kharkiv Region

Member of the Bouldering Federation of Kharkiv Region

RESEARCH ACTIVITIES

Main Scientific Publications:

1 Yeriomenko V. M., Yavarnytskyi I. A., Kryvoruchko S. M., Samokhin O. O. Features of Special Physical Training of Short-Distance Runners. *Scientific Journal of NPU named after M. P. Drahomanov*, Series 15, 2022, Issue 12 (158), pp. 50–54.



2 Dakhno A., Yavarnytskyi I. A Healthy Lifestyle Through the Prism of Philosophy. *Philosophy in the Axiosphere of the Globalizing Society*, KhAI, 2022, pp. 22–24.

3 Zaika O. A., Yavarnytskyi I. A. Consequences of Motor Activity Deficit in Higher Education Applicants. *Scientific Journal of NPU named after M. P. Drahomanov*, Series 15, 2023, Issue 5 (164), pp. 68–73.

4 Riadova L. O., Rozhkov V. O., Shutieiev V. V., Tykhonova A. O., Yavarnytskyi I. A., Kramarenko V. I. General Characteristics and Historical Aspect of Basketball Development in Ukraine. *Scientific Journal of NPU named after M. P. Drahomanov*, Series 15, 2023, Issue 6 (166), pp. 139–144.

5 Yavarnytskyi I. A. Increasing Flexibility Level in Higher Education Students. *Topical Issues of Physical Education, Sports and Quality of Life*, KhAI, 2023, pp. 51–53.

6 Yavarnytskyi I. A. General Characteristics and History of the Emergence and Development of Rock Climbing in Ukraine. *Topical Issues of Physical Education, Sports and Quality of Life*, KhAI, 2023, pp. 106–109.