



Name	Liliiana Riadova
Position, Department/Faculty	Associate Professor, Department of Physical Education, Sports and Rehabilitation / Faculty of International Integration and Academic Mobility
Academic Degree, Academic Title	PhD in Physical Education and Sports, Associate Professor
Email:	-
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Research Gate:	-

EDUCATION

H. S. Skovoroda Kharkiv State Pedagogical Institute – 1996

WORK EXPERIENCE

Since 1996 – National Aerospace University "Kharkiv Aviation Institute".
Department of Physical Education, Sports and Rehabilitation.
Positions held: Lecturer, Senior Lecturer, Associate Professor

TEACHING ACTIVITIES

Courses taught: Physical Education (specialization — Basketball)

PROFESSIONAL AND PUBLIC ACTIVITIES

Member of the Public Organization
"Ukrainian Association of Physical-Sport Rehabilitation and Physical Recreation"
Certificate dated 11.07.2024: <https://opendatabot.ua/c/45021942>

EDUCATIONAL AND METHODOLOGICAL MATERIALS

Textbooks and Study Guides:

Bakanova O. F., Riadova L. O., Rozhkov V. O., Mkrtchian O. A. *Physical Education: Tennis*.
Kharkiv: NAU "KhAI", 2025. – 304 p.
Riadova L. O. *Basic Methods of Teaching Basketball*. Kharkiv: NAU "KhAI", 2025. – 48 p.

RESEARCH ACTIVITIES

Main Articles in Scientific Journals:

1 Riadova L. O., Rozhkov V. O., Shutieiev V. V., Tykhonova A. O., Yavarnytskyi I. A., Kramarenko V. I. General Characteristics and Historical Development of Basketball in Ukraine. Scientific Journal of NPU named after M. P. Drahomanov, Series 15, 2023, Issue 6 (166), pp. 139–144.

2 Riadova L. O. Development of Coordination Skills in Higher Education Students During Basketball Classes. *Physical Education and Sport*, 2024, No. 2, pp. 55–59.

3 Riadova L. O. Modern Technologies of the Training Process in Basketball. *Current Issues of Physical Education, Sports, Healthy Lifestyle and Quality of Life, KhAI*, 2025, pp. 102–106.

4 Riadova L. O. Basketball as a Means of Developing Motor Coordination Skills in Students. *Journal of Physical Education and Sport*, 2024, Vol. 24 (7), pp. 1589–1593.

CONFERENCE ABSTRACTS

1 Riadova L. O. Application of Basketball Tools in Physical Education of University Students. *Current Issues of Physical Education, Sports and Healthy Lifestyle, KhAI*, 2024, pp. 143–146.

2 Riadova L. O. Increasing Students' Motor Activity Through Basketball. *Modern Achievements in Physical Education, KhNMU*, 2024, pp. 198–202.

3 Riadova L. O. Improving the Training Methods of Student Basketball Teams. *Problems and Prospects in the Development of Sports Games and Martial Arts, KhDAFK*, 2025, pp. 97–101.

RESEARCH PROFILES

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