



Name	Kseniia Balabanova
Position, Department/Faculty	Associate Professor, Department of Psychology National Aerospace University "Kharkiv Aviation Institute"
Academic Degree, Academic Title	PhD in Psychology
Email:	k.balabanova@khai.edu
Web of Science ResearcherID:	HLZ-0196-2023
ORCID iD:	0000-0003-3300-0042
Google Scholar:	https://scholar.google.com/citations?user=xA7qrg4AAAAJ&hl=ru&oi=ao

EDUCATION:

Basic education (university, major, year of graduation):

M.A. in Psychology (2017, with honors) – National University of Civil Protection of Ukraine

M.A. in Management of Socio-Cultural Activities (2014, with honors) – Kharkiv State Academy of Culture

Postgraduate/Doctoral studies:

PhD in Psychology (2020)

National University of Civil Protection of Ukraine – Dissertation: "Psychological features of resilience of the State Emergency Service of Ukraine staff"

Additional training, certification programs:

Certificate in English Language Proficiency (B2), CEFR – No. 17Y116G769DQ17, 31.05.2023

International Scientific Internship "Methodology of Psychological Research. Modern Standards" (180h), Lublin, Poland, July 2022

WORK EXPERIENCE:

Professional Career (Workplace, Years, Position):

2022–present – Associate Professor, Department of Psychology, National Aerospace University "Kharkiv Aviation Institute"

2021–2022 – Senior Lecturer, Department of Psychology, KhAI

2019–2021 – Assistant, Department of Psychology, KhAI

2018–2019 – Assistant, Department of Psychology, KhAI

2014–2018 – Artistic Director, Student Club, KhAI

**Teaching Experience:**

5 years

RESEARCH ACTIVITIES:**Main Research Areas:**

Resilience psychology, stress coping, group training, psychological support in extreme conditions

Number of Publications (Scopus, WoS, others):

1 article in Web of Science indexed journal

7 articles in Ukrainian professional journals

Monographs, Textbooks:

4 chapters in collective monographs

Participation in Scientific Conferences:

4 conference abstracts

TEACHING ACTIVITIES:**Courses Taught:**

General Psychology, Psychology of Art, Anatomy and Evolution of the Central Nervous System.
Psychophysiology, Group Methods

Author Courses, Academic Programs:

Developer of curricula, syllabi, and teaching documentation for psychology courses

Methodological Materials, Textbooks:

Balabanova, K. V., & Piven, M. A. (2025). Psychology of Personality: A coursebook. Kharkiv: Ivanchenko I. S. Publishing. — 72 p.

Aleksandrov, Yu. V., & Balabanova, K. V. (2025). Physiology of Higher Nervous Activity: Lecture Course. Kharkiv: Ivanchenko I. S. Publishing. — 198 p.
ISBN 978-617-8332-73-0

INTERNATIONAL ACTIVITIES:**Internships:**

International internship in psychology (Poland, 2022)

Cooperation with Foreign Universities:

Expert at IX International Scientific and Practical Conference (John Paul II Catholic University of Lublin, Poland, 2022)

SELECTED PUBLICATIONS:

NATIONAL AEROSPACE UNIVERSITY
«KHARKIV AVIATION INSTITUTE»



Key Articles (Scopus, WoS, others):

Gulbs, O., Tyshakova, L., & Balabanova, K. (2021). Development of students' emotional competence. *American Journal of Fundamental, Applied & Experimental Research*, 21(2), 39–44.

Lantukh, I. V., Gulbs, O. A., Lantukh, V. V., & Balabanova, K. (2021). Psychological characteristics of the development of the cognitive component of reliability of business managers. In *Proceedings of the XI International Scientific and Practical Conference "Modern Problems of Management: Transformation of Public Administration in the Post-COVID World"* (pp. 207–213). Kyiv: KPI named after Igor Sikorsky.

Tyshakova, L., & Balabanova, K. (2022). The role of emotional competence in overcoming emotional barriers in communication. *Bulletin of the National Defense University of Ukraine*, 64(6), 119–125.
<https://doi.org/10.33099/2617-6858-2021-64-6-119-125>

Balabanova, K. V., & Piven, M. A. (2022). Alexithymia in the structure of emotional intelligence in students of technical universities. *Habitus: Scientific Journal*, 42, 108–112.
<https://doi.org/10.32782/2663-5208>

Levchenko, N., Sukhostavets, N., Zelman, L., Balabanova, K., et al. (2022). Formation of the digital generation in a distance learning environment. *IJCSNS International Journal of Computer Science and Network Security*, 22(5), 335–341.
<https://doi.org/10.22937/IJCSNS.2022.22.5.48>


Balabanova, K. V., Gulbs, O. A., & Lantukh, I. V. (2022). Innovative aspects of the development of professional consciousness in the activity of higher school teachers. In *Modern scientific research: achievements, innovations and development prospects. Proceedings of the 11th International scientific and practical conference* (pp. 251–256). MDPC Publishing: Berlin, Germany. ISBN 978-3-954753-03-1

Romanova, I. V., Balabanova, K. V., & Humennykova, T. R. (2023). Psychological support strategies for internally displaced persons (IDPs). *Habitus: Scientific Journal*, 48, 141–145.
<https://doi.org/10.32782/2663-5208>

Balabanova, K. V., Piven, M. A., & Kalaitan, N. L. (2023). Features of the emotional and personal sphere of Instagram social network users. *Habitus: Scientific Journal*, 49, 163–169.
<https://doi.org/10.32782/2663-5208>

Balabanova, K., et al. (2023). Resilience as a component of leadership qualities in modern conditions of social development in Ukraine. In *Performanțe într-o economie competitivă (ediția 10): Proceedings of the International Conference* (pp. 87–94). Chișinău, Moldova: IMI-Nova.

Lytvynova, I. L., Rizak, H. V., & Balabanova, K. V. (2024). Technologies and innovations to improve psychological comfort of students in online education. *Bulletin of Science and Education*, 4(22), 1148–1163.
[https://doi.org/10.52058/2786-6165-2024-4\(22\)-1148-1163](https://doi.org/10.52058/2786-6165-2024-4(22)-1148-1163)

In the top left corner, there are decorative geometric shapes consisting of a dark blue rectangle and a light blue triangle pointing towards the center.

Shevchenko, O., Blokhina, I., & Balabanova, K. V. (2025). The role of digital technologies in forming learning motivation in modern educational psychology. Perspectives and Innovations of Science. Series Psychology, 4(50), 1217–1231.
[https://doi.org/10.52058/2786-4952-2025-4\(50\)-1217-1231](https://doi.org/10.52058/2786-4952-2025-4(50)-1217-1231)

ADDITIONAL INFORMATION:

Language Proficiency:

Ukrainian, English (B2 CEFR)

IT Skills:

Microsoft Office / Zoom / Google Meet

Social and Community Activities:

Active volunteer during the full-scale invasion:

Psychologist, "Peaceful Sky of Kharkiv" Charity Foundation (2024)

Volunteer, EMERGO Foundation (2024–2025)

Volunteer, VOLIA. Foundation (2022–2023)

Providing psychological and humanitarian support to Ukrainian military units

